

St Gabriel's Catholic Primary School

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Dear families,

This week, your child has been chosen to take home the family prayer bag. During this important sacramental year, where your child is continuing to grow in faith and love of God, prayer is at the heart of their relationship with God. As the first educators of your children, it is your own example of faith that will form your child's own faith journey through life, and praying together, using the resources in this prayer bag to help you, is a reminder that God is always with us.

In the prayer bag you will find the following items:

- An instruction card explaining how to use the resources
- A green cloth- to represent 'ordinary time' in the Church's year
- A holding cross- to remind us of Jesus' sacrifice
- A candle- to remind us that Jesus is the light of the world
- Holy water- reminding us of our Baptism
- A picture of the bread, wine, host and chalice to reflect on
- Prayer journal to record thoughts on your family prayer time (you could include a photo and either you or your child could write a short reflection)

Please find some time this week to pray with your child using the card to guide you, and return the bag to school with your child by Friday so that they can share the experience with their friends in class.

We do hope that you enjoy spending time together in prayer and look forward to hearing about your prayer experience together.

God bless you and your family.

Mrs C. Stevenson and Mrs R Schauer RE Leads



