

# Our commitment to you.....

Our “Food For Life Served Here” menu means we serve *Fresh, local, honest food.*

Our food is free from *undesirable trans fats, sweeteners and additives*

Our food is freshly prepared on site by professional staff who care about quality and ingredients

We support local wherever possible...our meat comes from *Quality Cuts of Sandbach, Littler’s of Sandiway, Barrows of Bollington and Lower Hurst Farm in Derbyshire.*

We use *free range eggs, organic yogurt, organic Mornflake oats and MSC fish.*

We are taking steps to *reduce sugar in our recipes*

We are taking steps to *reduce single use plastic*

We can and will cater for all *special dietary requirements*



CATERING WITH THE RIGHT INGREDIENTS

# Fresh Catering



Spring / Summer 2021

At: **St Gabriels Primary School**

April 2021

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

May 2021

M	Tu	W	T	Fri	Sa	Su
					1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	29	30

June 2021

M	Tu	W	T	Fri	Sa	Su
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30				

July 2021

M	Tu	W	T	Fri	Sa	Su
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

September 2021

M	Tu	W	T	Fri	Sa	Su
		1	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30			

October 2021

M	Tu	W	T	Fri	Sa	Su
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





# Spring/ Summer Menu 2021

## Week 1

## Week 2

**MONDAY**

Cheese & Tomato  
Pizza  
Saute Potatoes

Vegetable Ravioli  
In a Cheese or  
Tomato Sauce

Organic Yogurt

**TUESDAY**

Chicken Korma  
Rice & Cous Cous

Pasta Italiane(v)

Apple Flapjack  
Crumble with Ice  
Cream

**WEDNESDAY**

Mild Beef Chilli  
with Rice In a  
Tortilla Wrap

Jacket Potato with  
Cheesy Beans(v)

Sultana Cookie with  
Fruit Chunk or  
Organic Yogurt

**THURSDAY**

Butchers/Quorn(v)  
Sausage, Hash Brown  
Baked Beans

Cheese Omelette(v)  
Hash Brown  
Baked Beans

Chocolate Crunch  
with Fruit Chunk

**FRIDAY**

Vegetarian Sausage  
Roll(v)  
Creamed Potato

Battered Fish  
Chips  
Peas/Baked Beans

Vanilla Ice Cream  
with Summer Fruit  
Coulis

**MONDAY**

Organic Meatball  
Pasta Bake

Sweet & Sour  
Noodles(v)

Organic Yogurt

**TUESDAY**

Chicken Curry  
Rice & Cous Cous

Cheese Ploughmans  
Panini(v)  
Veg Sticks

Chocolate & Banana  
Cup

**WEDNESDAY**

Roast Pork, Apple Sc,  
Stuffing & Gravy  
Roast/Creamed Pots

Quorn Fillet(v)  
Stuffing & Gravy  
Roast/Creamed Pots

Carrot & Pineapple  
Traybake

**THURSDAY**

Marinated Chicken  
Fillet In a Flat Bread

Jacket potato  
with Cheesy  
Beans(v)

Frozen Yogurt Ice  
Cream

**FRIDAY**

Vegetarian Sausage  
Roll(v)  
Chips, Baked Beans

Salmon/Fish Fingers  
Chips  
Peas/B Beans

Kracholette or  
Organic Yogurt

